

Long Course Women				
8&Under	50 Free	35.46	11-Nov-18	Diana Rezaei at 2018 Development Meet 1
	100 Free	1:30.63	25-Mar-12	Emma Wootton at 13&Under Pentathlon Meet 3
	50 Back	43.28	11-Nov-18	Diana Rezaei at Development Meet 1
	100 Back	2:08.56	09-Sep-94	Chanel Beagley
	50 Breast	49.36	24-Nov-18	Diana Rezaei 2018 Tea Tree Gully and Starplex Carnival
	100 Breast	2:03.59	29-Nov-14	Sophie Tompkins at 2014 MSC Open Carnival
	50 Fly	44.26	11-Nov-18	Diana Rezaei at Development Meet 1
	100 Fly	1:50.29	19-Dec-08	Alice March at Waterworld Time Trial
9-10	50 Free	33.95	01-Aug-19	Diana Rezaei at School Sport Australia
	100 Free	1:13.31	18-Apr-10	Ruby Brus at 13&Under Pentathlon
	200 Free	2:42.76	21-Mar-10	Ruby Brus at 2010 SA Clovercrest National Event
	400 Free	6:25.11	29-Nov-08	Ruby Brus at 2008 SA Lefevre Portside State Qualifying
	50 Back	38.94	24-Oct-10	Kellie Elmes at 13&Under Pentathlon Meet 1
	100 Back	1:29.06	21-Jan-10	Ruby Brus at 2010 SA LC Championships
	200 Back	3:12.87	25-Oct-09	Ruby Brus at Norwood Carnival 2009
	50 Breast	42.87	13-Feb-11	Alice March at 13&Under Pentathlon 2
	100 Breast	1:35.16	25-Feb-11	Alice March at SwimmingSA 2010-11 Summer A Grade 03
	200 Breast	3:33.43	20-Mar-11	Alice March at Clovercrest Last Blast Qualifying Meet
	50 Fly	36.86	12-Oct-08	Bethany Allen at 12&Under Pentathlon
	100 Fly	1:30.04	21-Jan-10	Ruby Brus at 2010 SA LC Championships
	200 Fly	3:53.49	09-Sep-96	Chanel Beagley
	200 IM	3:05.34	21-Jan-10	Ruby Brus at 2010 SA LC Championships
11-12	50 Free	28.53	14-Mar-22	Akira Lawrence
	100 Free	1:01.99	19-Jan-18	Tara Young at 2017/18 SA State LC Championship
	200 Free	2:13.62	18-Jan-18	Tara Young at 2017/18 SA State LC Championship
	400 Free	4:43.89	17-Jan-18	Tara Young at 2017/18 SA State LC Championship
	800 Free	10:23.13	20-Jan-11	Bethany Allen(V) at SA 2011 Long Course State Championships
	1500 Free	23:32.03	01-Jan-97	Chanel Beagley
	50 Back	33.43	27-May-22	Emilia Basic
	100 Back	1:14.19	25-Mar-12	Ruby Brus at 13&Under Pentathlon Meet 3
	200 Back	2:38.34	17-Jan-18	Tara Young at 2017/18 SA State LC Championship
	50 Breast	38.01	27-Mar-12	Alice March at 2012 SAPSASA Swimming Championships - Metro
	100 Breast	1:25.35	25-Feb-12	Alice March at 2011-12 JX Pentathlon Meet 4
	200 Breast	3:13.71	15-Oct-11	Kellie Elmes at SwimmingSA 2011-12 Summer A Gr
	50 Fly	30.23	12-Mar-22	Akira Lawrence
	100 Fly	1:10.56	20-Jan-18	Tara Young at 2017/18 SA State LC Championship
	200 Fly	2:42.44	29-Jan-11	Bethany Allen(V) at Lefevre Portside National Qualifying Meet
	200 IM	2:36.47	20-Jan-18	Tara Young at 2017/18 SA State LC Championship
	400 IM	5:30.84	19-Jan-18	Tara Young at 2017/18 SA State LC Championship

13-14	50 Free	26.81	25-Nov-15	Brittany Castelluzzo at 2015 Pacific School Games
	100 Free	59.75	13-Apr-15	Brittany Castelluzzo at 2015 GHF Australian Age Championships
	200 Free	2:09.88	13-Apr-15	Brittany Castelluzzo at 2015 GHF Australian Age Championships
	400 Free	4:29.19	24-Apr-18	Emma Wootton at GHF Australia Age Championship
	800 Free	9:06.06	22-Apr-18	Emma Wootton at GHF Australia Age Championship
	1500 Free	19:15.96	21-Feb-15	Emily Tyler at 2015 SA State Long Course Open Championships
	50 Back	32.35	01-Nov-15	Brittany Castelluzzo at 2015 Norwood Swimming Carnival
	100 Back	1:08.85	25-Nov-15	Brittany Castelluzzo at 2015 Pacific School Games
	200 Back	2:28.51	19-Jan-17	Grace Sampson at 2017 SA State LC Championship
	50 Breast	38.38	13-Mar-11	Bethany Allen at 2011 Berri Open
	100 Breast	1:24.57	19-Jan-17	Isabel Schultz at SA Long Course State Championships
	200 Breast	2:59.39	16-Oct-21	Celeste Smith
	50 Fly	28.99	23-Nov-15	Brittany Castelluzzo at 2015 Pacific School Games
	100 Fly	1:05.13	21-Nov-15	Brittany Castelluzzo at 2015 Pacific School Games
	200 Fly	2:24.93	14-Nov-15	Brittany Castelluzzo at Division 1 Series Meet 1
	200 IM	2:27.59	13-Apr-15	Brittany Castelluzzo at 2015 GHF Australian Age Championships
	400 IM	5:12.39	26-Nov-15	Brittany Castelluzzo at 2015 Pacific School Games
15-16	50 Free	26.80	21-Jan-17	Brittany Castelluzzo at 2017 South Australian LC State Carnival
	100 Free	58.47	18-Jan-17	Brittany Castelluzzo at 2017 South Australian LC State Carnival
	200 Free	2:04.26	19-Apr-17	Brittany Castelluzzo at 2017 GHF Australian Age Championships
	400 Free	4:27.07	27-Jul-18	Emma Wootton at School Sport Australia
	800 Free	9:08.88	29-Jul-18	Emma Wootton 2018 School Sport Australia
	1500 Free	17:44.04	22-Feb-20	Emma Wootton at Div 1, Meet 3
	50 Back	31.99	19-Dec-15	Brittany Castelluzzo at 2015/16 Division 1 Meet 2
	100 Back	1:08.57	16-Jan-18	Grace Sampson SA Long Course State Championships
	200 Back	2:26.77	15-Feb-19	Grace Sampson at OPTUS Vic Open
	50 Breast	36.88	20-Jan-19	Isabel Schultz at SA Long Course State Championships
	100 Breast	1:21.02	22-Jan-19	Isabel Schultz at SA Long Course State Championships
	200 Breast	2:52.46	24-Jan-19	Isabel Schultz at SA Long Course State Championships
	50 Fly	28.25	20-Jan-17	Brittany Castelluzzo at 2017 South Australian LC State Carnival
	100 Fly	1:01.74	17-Jul-17	Brittany Castelluzzo at 2017 Junior Commonwealth Games
	200 Fly	2:13.80	19-Jul-17	Brittany Castelluzzo at 2017 Junior Commonwealth Games
	200 IM	2:22.42	21-Jan-17	Brittany Castelluzzo at 2017 South Australian LC State Carnival
	400 IM	5:11.19	31-Mar-16	Brittany Castelluzzo at 2016 GHF Australian Age Championships
17 & over	50 Free	26.06	21-Jan-22	Brittany Castelluzzo
	100 Free	55.47	18-May-22	Brittany Castelluzzo
	200 Free	1:59.32	14-Jun-21	Brittany Castelluzzo
	400 Free	4:15.57	21-Jan-19	Brittany Castelluzzo at 2019 SA State LC Championships
	800 Free	9:49.61	18-Dec-20	Grace Sampson
	1500 Free	20:06.31	09-Mar-08	Sarah McCarthy at 2008 1500m Time Trial
	50 Back	32.08	18-Jan-20	Grace Sampson at 2020 SA State Long Course Championship
	100 Back	1:06.04	15-Dec-18	Brittany Castelluzzo at Div 1 Meet 2
	200 Back	2:28.13	20-Dec-19	Grace Sampson at Victorian Age Championship
	50 Breast	35.91	22-Jan-21	Isabel Schultz
	100 Breast	1:18.21	06-Mar-21	Isabel Schultz
	200 Breast	2:47.21	22-Jan-21	Isabel Schultz
	50 Fly	27.15	07-Apr-22	Brittany Castelluzzo
	100 Fly	58.93	19-May-22	Brittany Castelluzzo
	200 Fly	2:08.79	22-May-22	Brittany Castelluzzo
	200 IM	2:20.02	04-Dec-17	Brittany Castelluzzo at 2017 Pacific School Games
	400 IM	5:45.26	03-Nov-19	Isabel Schultz at MSC Long Course Carnival

Long Course Men			
8&Under	50 Free	37.99	01-Jan-96 Alex Bailey
	100 Free	1:29.07	09-Sep-96 Alex Bailey
	50 Back	43.72	09-Sep-96 Alex Bailey
	100 Back	1:52.99	09-Sep-96 Alex Bailey
	50 Breast	53.84	09-Sep-95 Alex Bailey
	100 Breast	2:00.49	09-Sep-96 Alex Bailey
	50 Fly	50.10	06-Jun-96 Alex Bailey
	100 Fly	2:16.75	09-Sep-96 Alex Bailey
9-10	50 Free	33.56	20-Jan-15 Patrick Macie at 2015 SA State Long Course Age Championships
	100 Free	1:16.03	05-Dec-09 Punala Kiripitige at Blue Lake National Qualifying Meeting Meet
	200 Free	2:48.84	05-Dec-09 Punala Kiripitige at Blue Lake National Qualifying Meeting Meet
	400 Free	6:15.20	05-Dec-09 Punala Kiripitige at Blue Lake National Qualifying Meeting Meet
	50 Back	39.49	20-Jan-15 Patrick Macie at 2015 SA State Long Course Age Championships
	100 Back	1:31.24	27-Feb-22 Hudson Mentha
	200 Back	3:23.58	09-Sep-97 Alex Bailey
	50 Breast	47.00	09-Sep-95 A Edmonds
	100 Breast	1:44.49	05-Dec-09 Punala Kiripitige at Blue Lake National Qualifying Meeting Meet
	200 Breast	3:54.80	08-Aug-86 C Smith
	50 Fly	36.24	09-Sep-90 S Stoeckel
	100 Fly	1:34.90	05-Dec-09 Punala Kiripitige at Blue Lake National Qualifying Meeting Meet
	200 Fly	4:12.08	09-Sep-96 A Mentha
	200 IM	3:12.53	02-Mar-95 A Edmonds
11-12	50 Free	29.97	20-Jan-17 Patrick Macie at 2017 SA State LC Championship
	100 Free	1:06.43	05-May-11 Thomas Hughes at 2011-12 Summer A Grade Series
	200 Free	2:25.54	15-Oct-11 Thomas Hughes at SwimmingSA 2011-12 Summer A Gr
	400 Free	5:00.93	15-Oct-11 Thomas Hughes at SwimmingSA 2011-12 Summer A Gr
	800 Free	10:30.66	28-Oct-12 Lawson Nitschke at Norwood National Qualifying Meet
	1500 Free	23:18.85	01-Jan-02 Jake Chenoweth
	50 Back	32.71	20-Jan-17 Patrick Macie at 2017 SA State LC Championship
	100 Back	1:13.94	20-Jan-17 Patrick Macie at 2017 SA State LC Championship
	200 Back	2:41.77	05-Nov-11 Thomas Hughes at 2011-12 Summer A Grade Series
	50 Breast	41.80	07-Mar-21 Travis Owen
	100 Breast	1:29.61	06-Mar-22 Travis Owen
	200 Breast	3:24.09	21-Dec-14 Clinton Nitschke at 2014 -15 Division 2 LC Series
	50 Fly	32.75	20-Jan-17 Patrick Macie at 2017 SA State LC Championship
	100 Fly	1:14.84	05-Nov-11 Thomas Hughes at 2011-12 Summer A Grade Series
	200 Fly	3:11.93	08-Nov-20 Adam Pruszinski
	200 IM	2:44.30	20-Jan-17 Patrick Macie at 2017 SA State LC Championship
	400 IM	6:19.27	27-Feb-10 Thomas Hughes at 2010 SA Port Pirie Open Carnival

13-14	50 Free	27.71	19-Dec-13	Jack Tingey at 2014 SA State Long Course Age Championships
	100 Free	59.67	22-Jan-13	Darcy Nitschke at 2013 SA State Age Long Course Championships
	200 Free	2:11.03	22-Jan-13	Darcy Nitschke at 2013 SA State Age Long Course Championships
	400 Free	4:35.04	22-Jan-13	Darcy Nitschke at 2013 SA State Age Long Course Championships
	800 Free	9:31.09	10-Nov-18	Euan Stenhouse at Div 1 Meet 3
	1500 Free	18:08.13	14-Mar-22	Zachariah Soltes
	50 Back	32.43	29-Oct-10	John McCarthy at SwimmingSA 2010-11 Summer A Grade 02
	100 Back	1:12.28	21-Jun-10	John McCarthy at 2010 SA LC Championships
	200 Back	2:35.75	21-Jun-10	John McCarthy at 2010 SA LC Championships
	50 Breast	35.34	19-Dec-13	Lawson Nitschke at 2014 SA State Long Course Age Championships
	100 Breast	1:17.67	15-Nov-14	Lawson Nitschke at 2014-15 Division 1 LC Meet 2
	200 Breast	2:48.34	19-Dec-13	Lawson Nitschke at 2014 SA State Long Course Age Championships
	50 Fly	30.95	02-Feb-92	B Rawling
	100 Fly	1:13.14	16-Feb-08	Daniel Gordon
	200 Fly	2:55.07	09-Sep-98	Kurt Galpin
	200 IM	2:29.97	16-Oct-21	Zack Piercey
	400 IM	5:38.29	10-Jan-09	Harrison Mardle at Waikerie Open 2009
15-16	50 Free	25.23	20-Jan-16	Jack Tingey at 2016 SA State Long Course Age Championships
	100 Free	56.47	20-Jan-16	Jack Tingey at 2016 SA State Long Course Age Championships
	200 Free	2:08.30	05-Mar-21	Jason McDermott
	400 Free	4:22.42	15-Mar-19	Euan Stenhouse at National Preparation Meet
	800 Free	8:50.06	19-Apr-19	Euan Stenhouse at 2019 HP National Age Championship
	1500 Free	17:03.97	15-Apr-19	Euan Stenhouse at 2019 HP National Age Championship
	50 Back	29.16	20-Jan-16	Jack Tingey at 2016 SA State Long Course Age Championships
	100 Back	1:05.57	20-Jan-16	Jack Tingey at 2016 SA State Long Course Age Championships
	200 Back	2:31.90	18-Jan-17	Lawson Nitschke at 2017 SA State LC Championships
	50 Breast	33.20	21-Jan-16	Lawson Nitschke at 2016 SA State LC Championships
	100 Breast	1:11.04	17-Sep-16	Lawson Nitschke at SSA Swimming Championships
	200 Breast	2:35.28	20-Feb-16	Lawson Nitschke at Division 1 Meet 3
	50 Fly	29.09	06-Mar-21	Jason McDermott
	100 Fly	1:04.52	05-Mar-21	Jason McDermott
	200 Fly	2:20.21	20-Jan-19	Euan Stenhouse at 2019 State LC Championship
	200 IM	2:23.86	24-Jan-16	Jack Tingey at 2016 SA State Long Course Age Championships
	400 IM	5:17.35	20-Jan-15	Darcy Nitschke at 2015 SA State Long Course Age Championships
17 & O	50 Free	25.44	23-Jan-20	Bradley Grimes at 2020 SA State Long Course Championship
	100 Free	54.74	21-Jan-20	Bradley Grimes at 2020 SA State Long Course Championship
	200 Free	2:02.26	22-Jan-20	Bradley Grimes at 2020 SA State Long Course Championship
	400 Free	4:29.92	16-Oct-21	Jake Hodgkinson
	800 Free	9:19.79	17-Dec-21	Jake Hodgkinson
	1500 Free	17:25.19	23-Jan-20	Bradley Grimes at 2020 SA State Long Course Championship
	50 Back	30.04	23-Jan-22	Jake Hodgkinson
	100 Back	1:10.35	29-Sep-19	Lawson Nitschke
	200 Back	2:25.88	22-Jan-19	Lawson Nitschke at 2019 SA State LC Championships
	50 Breast	31.66	23-Jan-21	Lawson Nitschke
	100 Breast	1:09.37	24-Jan-19	Lawson Nitschke at 2019 SA State LC Championships
	200 Breast	2:32.42	21-Jan-19	Lawson Nitschke at 2019 SA State LC Championships
	50 Fly	27.26	20-Jan-20	Bradley Grimes at 2020 SA State Long Course Championship
	100 Fly	1:00.55	22-Feb-20	Bradley Grimes at Div 1, Meet 3
	200 Fly	2:25.36	13-Mar-22	Jason McDermott
	200 IM	2:20.48	16-Oct-21	Jake Hodgkinson
	400 IM	5:01.06	23-Jan-22	Jake Hodgkinson

Short Course Women				
8&Under	25 Free	18.57	29-Mar-09	Alice March at 2009 TTGSC Club Championships
	50 Free	42.27	01-Jan-92	Melanie Seyfang
	100 Free	1:40.99	03-Sep-93	R Seyfang
	25 Back	21.94	09-Mar-93	R Seyfang
	50 Back	47.53	18-Jun-06	Claire Brus at 2006 Winter Combined Meet
	100 Back	2:02.56	12-May-13	Tara Young at SwimmingSA 2013 JX SC - Meet 1
	25 Breast	24.47	29-Mar-09	Alice March at 2009 TTGSC Club Championships
	50 Breast	54.15	04-Aug-84	T Dickson
	100 Breast	2:00.87	23-May-15	Sophie Tompkins at 2015 MSC Short Course Carnival
	25 Fly	19.75	29-Mar-09	Alice March at 2009 TTGSC Club Championships
	50 Fly	51.96	17-Aug-08	Alice March at South Coast Open Carnival
	100 Fly			
	100 IM	1:43.34	29-Mar-09	Alice March at 2009 TTGSC Club Championships
9-10	50 Free	33.14	29-Aug-08	Bethany Allen at SwimmingSA Open & 12/under SC Championships
	100 Free	1:14.04	29-Aug-08	Bethany Allen at SwimmingSA Open & 12/under SC Championships
	200 Free	2:41.11	21-Sep-08	Bethany Allen(V) at 2008 SA 2008 12&under Meet 4
	400 Free	6:00.16	14-Jun-08	Claire Brus at Swimming SA 2008 Winter Division 2 Meet 2
	50 Back	39.37	08-Oct-10	Kellie Elmes at 2010 SA Open & 12/under SC Championships
	100 Back	1:26.88	08-Oct-10	Kellie Elmes at 2010 SA Open & 12/under SC Championships
	200 Back	3:02.64	26-Jul-08	Claire Brus at Swimming SA 2008 Winter Division 1 Meet 3
	50 Breast	42.39	09-Apr-11	Alice March at 2011 SA Aquatic Centre Test Event (SC)
	100 Breast	1:36.65	09-Apr-11	Alice March at 2011 SA Aquatic Centre Test Event (SC)
	200 Breast			
	50 Fly	36.51	29-Aug-08	Bethany Allen at SwimmingSA Open & 12/under SC Championships
	100 Fly	1:31.68	27-Jul-08	Bethany Allen at Swimming SA 2008 Winter Division 2 Meet3
	200 Fly			
	100 IM	1:24.83	29-Aug-08	Bethany Allen at SwimmingSA Open & 12/under SC Championships
	200 IM	3:06.15	27-Jul-08	Bethany Allen at Swimming SA 2008 Winter Division 2 Meet3
11-12	50 Free	28.60	08-Oct-10	Bethany Allen at 2010 SA Open & 12/under SC Championships
	100 Free	1:02.00	08-Oct-10	Bethany Allen at 2010 SA Open & 12/under SC Championships
	200 Free	2:14.44	08-Oct-10	Bethany Allen at 2010 SA Open & 12/under SC Championships
	400 Free	4:46.89	08-Oct-10	Bethany Allen at 2010 SA Open & 12/under SC Championships
	800 Free			
	1500 Free	21.13.27	14-May-11	Ruby Brus at 2011 SA Division 2 Series
	50 Back	33.04	28-May-22	Emilia Basic
	100 Back	1:12.91	08-Jul-21	Akira Lawrence
	200 Back	2:37.24	16-Aug-13	Brittany Castelluzzo at State Short Course 12-18yrs Championships
	50 Breast	36.77	14-Jul-12	Alice March at 2012 Division 1 - Meet 3
	100 Breast	1:21.59	16-Jun-12	Alice March at 2012 Division 1 - Meet 2
	200 Breast	3:28.61	25-Jun-22	Willow Clavell
	50 Fly	31.74	10-Jul-21	Akira Lawrence
	100 Fly	1:10.45	05-Jun-10	Bethany Allen at 2010 SA Division 1 - Meet 2
	200 Fly	3:00.59	17-Jul-09	Bethany Allen at 2009 SwimmingSA Open & 12/U SC Championships
	100 IM	1:14.10	22-Jul-11	Ruby Brus at 2011 SA AGE SC Championships
	200 IM	2:36.08	31-Jul-10	Bethany Allen(V) at 2010 SA Division 1 - Meet 3
	400 IM	5:34.71	22-Jul-17	Tara Young at SA State SC Championships

13-14	50 Free	26.00	25-Sep-15	Brittany Castelluzzo at 2015 State Teams Short Course
	100 Free	57.11	25-Sep-15	Brittany Castelluzzo at 2015 State Teams Short Course
	200 Free	2:04.82	26-Sep-15	Brittany Castelluzzo State Teams Short Course
	400 Free	4:25.70	09-Oct-14	Brittany Castelluzzo at State Short Course Championships
	800 Free	9:07.66	19-Jul-17	Emma Wootton at SA State SC Championships
	1500 Free	18:22.44	14-May-11	Bethany Allen at 2011 SA Division 2 Series
	50 Back	30.75	09-Oct-14	Brittany Castelluzzo at State Short Course Championships
	100 Back	1:04.54	09-Oct-14	Brittany Castelluzzo at State Short Course Championships
	200 Back	2:26.63	05-Oct-19	Tara Young at 2019 State Teams Championship
	50 Breast	35.73	22-Jul-11	Bethany Allen SA State Age SC Champs
	100 Breast	1:16.71	22-Jul-11	Bethany Allen SA State Age SC Champs
	200 Breast	2:54.83	09-Jul-21	Celeste Smith
	50 Fly	27.97	25-Sep-15	Brittany Castelluzzo at 2015 State Teams Short Course
	100 Fly	1:02.49	25-Sep-15	Brittany Castelluzzo at 2015 State Teams Short Course
	200 Fly	2:18.17	25-Sep-15	Brittany Castelluzzo at 2015 State Teams Short Course
	100 IM	1:06.98	04-Sep-15	Brittany Castelluzzo at 2015 Victorian Age Short Course Championships
	200 IM	2:20.03	25-Sep-15	Brittany Castelluzzo at 2015 State Teams Short Course
	400 IM	4:58.81	25-Sep-15	Brittany Castelluzzo at 2015 State Teams Short Course
15-16	50 Free	25.62	22-Sep-17	Brittany Castelluzzo at 2017 State Teams Short Course
	100 Free	55.84	26-Oct-17	Brittany Castelluzzo at 2017 Hancock Prospecting Australian Championships
	200 Free	1:59.81	22-Sep-17	Brittany Castelluzzo at 2017 State Teams Short Course
	400 Free	4:18.12	03-Jun-17	Brittany Castelluzzo at 2017 Division 1 Meet 1
	800 Free	8:56.49	05-Oct-19	Emma Wootton at State Teams Championships
	1500 Free	18:22.44	14-May-11	Bethany Allen at 2011 SA Division 2 Series
	50 Back	31.48	22-Jul-18	Grace Sampson
	100 Back	1:03.60	21-Jul-16	Brittany Castelluzzo at SA Short Course Championships
	200 Back	2:23.44	18-Jul-18	Grace Sampson at 2018 SA State SC Championships
	50 Breast	36:49	10-Jun-11	Bethany Allen Starplex SC Carnival
	100 Breast	1:16.71	22-Jul-11	Bethany Allen SA State Age SC Champs
	200 Breast	2:52.55	01-Sep-18	Isabel Schultz at 2018 Vic Age SC Championships
	50 Fly	28.02	23-Jul-16	Brittany Castelluzzo at SA Short Course Championships
	100 Fly	1:00.27	27-Oct-17	Brittany Castelluzzo at 2017 Hancock Prospecting Australian Championships
	200 Fly	2:09.79	28-Oct-17	Brittany Castelluzzo at 2017 Hancock Prospecting Australian Championships
	100 IM	1:05.04	02-Sep-16	Brittany Castelluzzo at 2016 Vic Age SC Championships
	200 IM	2:18.95	23-Sep-17	Brittany Castelluzzo at 2017 State Teams Short Course
	400 IM	4:53.91	23-Jul-16	Brittany Castelluzzo at SA Short Course Championships

17 & O	50 Free	24.82	24-Jul-22	Brittany Castelluzzo
	100 Free	53.19	09-Jul-22	Brittany Castelluzzo
	200 Free	1:55.75	20-Jul-19	Brittany Castelluzzo at 2019 SA Short Course Championships
	400 Free	4:06.02	16-Sep-18	Brittany Castelluzzo at 2018 Vic Open Short Course Championships
	800 Free	9:49.61	18-Dec-20	Grace Sampson
	1500 Free	18:22.44	14-May-11	Bethany Allen at 2011 SA Division 2 Series
	50 Back	30.80	21-Jul-19	Grace Sampson at 2019 SA Short Course Championships
	100 Back	1:05.58	04-Oct-22	Grace Sampson
	200 Back	2:20.82	05-Sep-21	Grace Sampson
	50 Breast	35.03	09-Jul-22	Isabel Schultz
	100 Breast	1:15.13	01-Jan-21	Isabel Schultz
	200 Breast	2:38.97	09-Jul-22	Isabel Schultz
	50 Fly	27.12	04-Oct-20	Brittany Castelluzzo at 2020 SA Short Course Championships
	100 Fly	59.60	09-Jul-22	Brittany Castelluzzo
	200 Fly	2:07.77	09-Jul-22	Brittany Castelluzzo
	100 IM	1:10.52	05-Sep-20	Connie Jackson at 2020 SA State Course Championship
	200 IM	2:19.24	02-Jun-18	Brittany Castelluzzo at 2018 Division 1 Meet 1
	400 IM	5:34.18	02-Feb-00	Erica Ames

Short Course Men				
8&Under	25 Free	17.64	09-Jun-96	Alex Bailey
	50 Free	36.39	01-Jan-96	Alex Bailey
	100 Free	1:27.44	06-Sep-96	Alex Bailey
	25 Back	21.34	09-Jun-96	Alex Bailey
	50 Back	43.44	06-Jun-96	Alex Bailey
	100 Back	1:34.03	06-Jun-96	Alex Bailey
	25 Breast	23.88	09-Jun-96	Alex Bailey
	50 Breast	49.99	09-Sep-96	Alex Bailey
	100 Breast	1:52.49	04-Apr-96	Alex Bailey
	25 Fly	20.50	09-Jun-96	Alex Bailey
	50 Fly	43.08	01-Jan-96	Alex Bailey
	100 Fly			
	100 IM	1:40.83	03-Mar-96	Alex Bailey
9-10	50 Free	34.31	01-Jan-97	Alex Bailey
	100 Free	1:15.04	16-Aug-09	Punala Kiripitige at SwimmingSA 2009 Winter 12&under Meet 3
	200 Free	2:41.97	28-Jun-09	Punala Kiripitige at 2009 SwimmingSA Winter 12 & Under-Meet 2
	400 Free	6:44.32	06-Jun-96	Alex Bailey
	50 Back	39.45	01-Jan-97	Alex Bailey
	100 Back	1:29.29	09-May-95	A Edmonds
	200 Back	3:19.95	09-May-95	A Mentha
	50 Breast	45.92	01-Jan-95	A Edmonds
	100 Breast	1:42.62	05-May-95	A Edmonds
	200 Breast			
	50 Fly	38.33	01-Jan-97	Alex Bailey
	100 Fly	1:39.89	09-May-95	A Edmonds
	200 Fly	3:59.14	09-May-95	A Mentha
	100 IM	1:28.36	05-May-95	A Edmonds
	200 IM	3:09.06	16-Aug-09	Punala Kiripitige at SwimmingSA 2009 Winter 12&under Meet 3
11-12	50 Free	29.99	10-Aug-12	Lawson Nitschke at 2012 State SC Championships
	100 Free	1:05.74	22-Jul-11	Thomas Hughes at 2011 SA AGE SC Championships
	200 Free	2:21.50	22-Jul-11	Thomas Hughes at 2011 SA AGE SC Championships
	400 Free	4:54.97	10-Aug-12	Lawson Nitschke at 2012 State SC Championships
	1500 Free	22:51.39	14-May-11	Angus Grzesch at 2011 SA Division 2 Series
	50 Back	34.53	24-Jul-16	Patrick Macie at 2016 SA State SC Championships
	100 Back	1:15.81	03-Jul-11	Thomas Hughes at 2011 TTGSC Club Championships
	200 Back	2:38.15	22-Jul-11	Thomas Hughes at 2011 SA AGE SC Championships
	50 Breast	39.26	07-Jul-21	Travis Owen
	100 Breast	1:25.09	10-Jul-21	Travis Owen
	200 Breast	3:06.68	09-Jul-21	Travis Owen
	50 Fly	32.95	22-Jul-11	Thomas Hughes at 2011 SA AGE SC Championships
	100 Fly	1:14.06	22-Jul-11	Thomas Hughes at 2011 SA AGE SC Championships
	200 Fly	2:45.38	22-Jul-11	Thomas Hughes at 2011 SA AGE SC Championships
	100 IM	1:16.65	22-Jul-11	Thomas Hughes at 2011 SA AGE SC Championships
	200 IM	2:37.57	22-Jul-11	Thomas Hughes at 2011 SA AGE SC Championships
	400 IM	6:57.12	09-May-95	A Edmonds

13-14	50 Free	27.58	11-Aug-12	Darcy Nitschke at 2012 State SC Championships
	100 Free	58.87	11-Aug-12	Darcy Nitschke at 2012 State SC Championships
	200 Free	2:07.95	11-Aug-12	Darcy Nitschke at 2012 State SC Championships
	400 Free	4:24.65	11-Aug-12	Darcy Nitschke at 2012 State SC Championships
	800 Free	9:14.22	25-Aug-12	Darcy Nitschke at Adelaide Shores Meet
	1500 Free	17:30.28	11-Jun-22	Zachariah Soltres
	50 Back	34.97	15-Aug-20	Zack Piercey
	100 Back	1:10.32	08-Jul-21	Zack Piercey
	200 Back	2:34.50	13-Jul-22	Adam Pruszinski
	50 Breast	34.17	07-Jul-21	Zack Piercey
	100 Breast	1:14.90	10-Jul-21	Zack Piercey
	200 Breast	2:42.61	05-Sep-21	Zack Piercey
	50 Fly	30.65	10-Jul-22	Adam Pruszinski
	100 Fly	1:08.95	05-Jun-21	Zack Piercey
	200 Fly			
	100 IM	1:09.16	10-Jul-21	Zack Piercey
	200 IM	2:27.54	07-Jul-21	Zack Piercey
	400 IM	5:31.31	14-Jul-12	Darcy Nitschke at SA Division 2 Series
15-16	50 Free	24.92	19-Jul-15	Jack Tingey at 2015 SA State Short Course Championship
	100 Free	55.88	16-Jul-15	Jack Tingey at 2015 SA State Short Course Championship
	200 Free	2:02.88	10-Jul-21	Jason McDermott
	400 Free	4:11.60	18-Jul-19	Euan Stenhouse at 2019 SA SC Championships
	800 Free	8:36.55	19-Jul-19	Euan Stenhouse at 2019 SA SC Championships
	1500 Free	16:17.97	05-Oct-19	Euan Stenhouse at 2019 State Teams Championships
	50 Back	28.44	19-Jul-15	Jack Tingey at 2015 SA State Short Course Championship
	100 Back	1:03.33	16-Jul-15	Jack Tingey at 2015 SA State Short Course Championship
	200 Back	2:23.60	16-Aug-14	Darcy Nitschke at 2014 Winter Qualifying Meet
	50 Breast	32.08	09-Jul-22	Zack Piercey
	100 Breast	1:08.24	16-Aug-14	Darcy Nitschke at 2014 Winter Qualifying Meet
	200 Breast	2:27.69	03-Sep-16	Lawson Nitschke
	50 Fly	28.31	10-Jul-21	Jason McDermott
	100 Fly	1:01.46	07-Jul-21	Jason McDermott
	200 Fly	2:19.96	08-Jul-21	Jason McDermott
	100 IM	1:04.12	20-Jun-15	Jack Tingey at 2015 Division 1 Series
	200 IM	2:20.40	12-Oct-14	Darcy Nitschke at My Money House SA SC Challenge
	400 IM	4:49.32	30-Aug-14	Darcy Nitschke at 2014 Division 2 SC Series Meet 5

17 & O	50 Free	25.40	03-Sep-21	Clinton Nitschke
	100 Free	54.98	09-Jul-21	Jake Hodgkinson
	200 Free	1:59.23	05-Sep-21	Clinton Nitschke
	400 Free	4:16.73	03-Sep-21	Jake Hodgkinson
	800 Free	9:24.65	09-Jul-22	Declan McGlashan
	1500 Free	17:49.60	12-Jul-22	Declan McGlashan
	50 Back	29.61	11-Jul-22	Jake Hodgkinson
	100 Back	1:02.95	09-Jul-22	Jake Hodgkinson
	200 Back	2:15.71	09-Jul-22	Jake Hodgkinson
	50 Breast	31.23	25-Jul-20	Lawson Nitschke at Diving Back In Meet 1
	100 Breast	1:08.19	15-Aug-20	Lawson Nitschke at Diving Back In Meet 4
	200 Breast	2:29.43	12-Sep-20	Lawson Nitschke at Division 1, Meet 1
	50 Fly	27.30	09-Jul-22	Clinton Nitschke
	100 Fly	1:05.31	12-Sep-20	Clinton Nitschke at Div 1, Meet 1
	200 Fly			
	100 IM	1:04.43	09-Jul-22	Clinton Nitschke
	200 IM	2:16.13	04-Sep-21	Jake Hodgkinson
	400 IM	4:55.98	21-Jul-18	Lawson Nitschke at 2018 SA Short Course